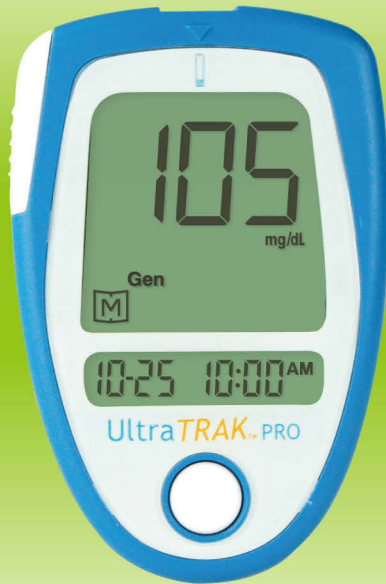


# UltraTRAK™ PRO

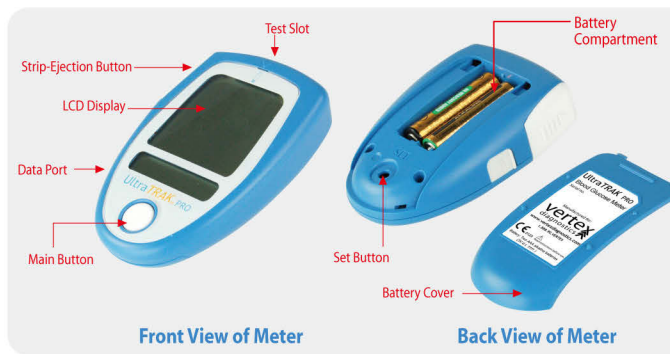
## First Time Using Guide



### Dear UltraTRAK PRO System Owner:

Thank you for using UltraTRAK PRO Monitoring System to manage your diabetes effectively. The system is user friendly, especially for self-monitoring your blood glucose at home. Strip ejection capabilities and 4 different timed alarms are features of this system. Strip ejection helps you remove the used strip without touching it, thereby avoiding infection from potential biohazard materials, particularly for health professionals. The alarm functions remind you to perform blood glucose testing at fixed intervals everyday, which is helpful for glucose management. Another unique feature is its No-Code function, which means there is no need to calibrate your meter, meaning fewer steps and fewer errors. In addition, control solution results can be stored in the meter's memory. This special function allows you to store control solution testing results with a QC symbol separate and without confusion from your blood glucose results. This First Time Using Guide assists you to set up this system and leads you to run the test smoothly. If you'd like to get more information and additional details, please refer to the Owner's Manual. Please read this guide carefully before doing test.

### Items for Testing



## 1. Set the meter



1-1 Press the set button to start setting. Year flashes first.



1-2 Press the main button to make changes. Number can be advanced faster by holding down the main button. Press the set button to next.



1-3 Date flashes. Follow step 1-2 for changes. The sequence of setting after date is: **Date** → **12h or 24h** → **time** → **unit of blood glucose** → **memory deletion** → **alarm function**. The meter will automatically turn off after alarm function. For memory deletion and alarm function, please refer to your Owner's Manual for details.

## 2. Set the lancing device

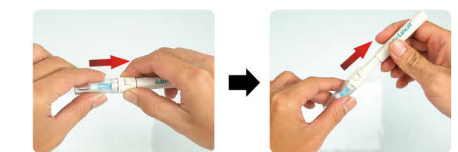
2-1 Remove the cap of the lancing device. 2-2 Insert a lancet into the lancet holder firmly until fully seated. 2-3 Remove the protective disk.



2-4 For blood from fingertip. Replace the lancing device cap. Select the depth of penetration: 1-2 for soft or thin skin, 3 for average skin, 4-5 for thick or calloused skin. Slide the ejection/cocking control back until it clicks. Set aside for later use.



2-5 For blood from the site other than fingers. Replace the clear cap. Slide the ejection/cocking control back until it clicks. Set aside for later use.



## 3. Test your blood glucose

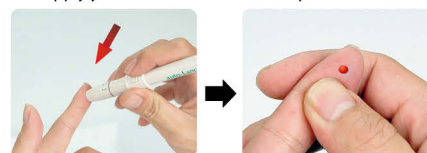


3-1 Wash and dry your hands thoroughly. Take a test strip out and then close the vial tightly.



3-2 Insert a test strip to start. You will see LCD in the displayed sequences of: CHK and → Ambient temperature → , flashing " " and Gen.

3-3 Get a drop of blood from your finger. Hold the lancing device firmly against the puncture site. Press the release button to get a drop of blood. Go to step 3-5 to apply your blood into the test strip.



## 3. Test your blood glucose

3-4 Get a drop of blood from the site other than fingers. Hold the lancing device firmly against the puncture site. Press the release button to get a drop of blood. Remove lancet from the lancing device. Re-screw the clear cap and then rotate the lancing device in the clockwise direction to obtain more blood. Go to step 3-5 to apply your blood into the test strip.



3-5 While is flashing on the display, hold your blood to touch the absorbent hole of test strip until the confirmation window is completely filled.



3-6 After the meter counts to 0, your test result appears along with Gen/Date/Time and is automatically stored in the memory.



3-7 Automatically remove the test strip by pushing up the Strip-Ejection button or directly remove by your hand. The meter then automatically turns off. Discard the used strip and the lancet carefully in accordance with your local requirements.

## 4. Read your result

When you get the test results from the UltraTRAK PRO system, you can check your test results with the following level to gain better control of your blood glucose.

| Time of day   | Fasting and before meal <sup>1</sup> | 2 hours after meals <sup>2</sup> |
|---|--------------------------------------|----------------------------------|
| Plasma glucose range for people without diabetes (mg/dL mmol/L) | 70-110 mg/dL (3.9-6.1 mmol/L)        | Less than 140 mg/dL (7.8mmol/L)  |

<sup>1</sup> Sacks, DB in "Carbohydrates", Burtis, CA, Ashwood, ER(ed), Tietz Textbook of Clinical Chemistry, Philadelphia, WB Saunders Company, 1999.  
<sup>2</sup> Source: ADA Clinical Practice Recommendations 2003.

Please work with your doctor to determine a target range that works best for you.

## 4. Read your result

If your result is over measurement range(20~600 mg/dL), it will come with Lo / Hi / KETONE and ?

| Lo  | KETONE and ?                                 | Hi  |
|---|--|---|
| Appears when glucose < 20 mg/dL (1.1mmol/L) | Appears when glucose ≥ 240mg/dL (13.3mmol/L) | Appears when glucose > 600 mg/dL (33.3mmol/L) |